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Apple Brownies

Prep time: 30 minutes Yield: 16

Here is what you need:

1 cup granulated sugar

½ cup unsalted melted butter or canola oil

2 large eggs

1 cup all-purpose flour

1 to 1 ½ teaspoons ground cinnamon

½ teaspoon baking powder

½ teaspoon baking soda

½ teaspoon salt

1 large apple- peeled, cored, and diced

Here is how you do it:

Preheat oven to 350 degrees. Grease an 8 x 8 square pan with cooking spray and set aside.

In a large bowl, combine sugar, butter, and eggs; mix well. Add dry ingredients and apple, pour mixture into prepared pan, and bake for 35 minutes or until a toothpick inserted in the center comes out clean. Cool completely before cutting brownies with a plastic knife into 2-inch squares.